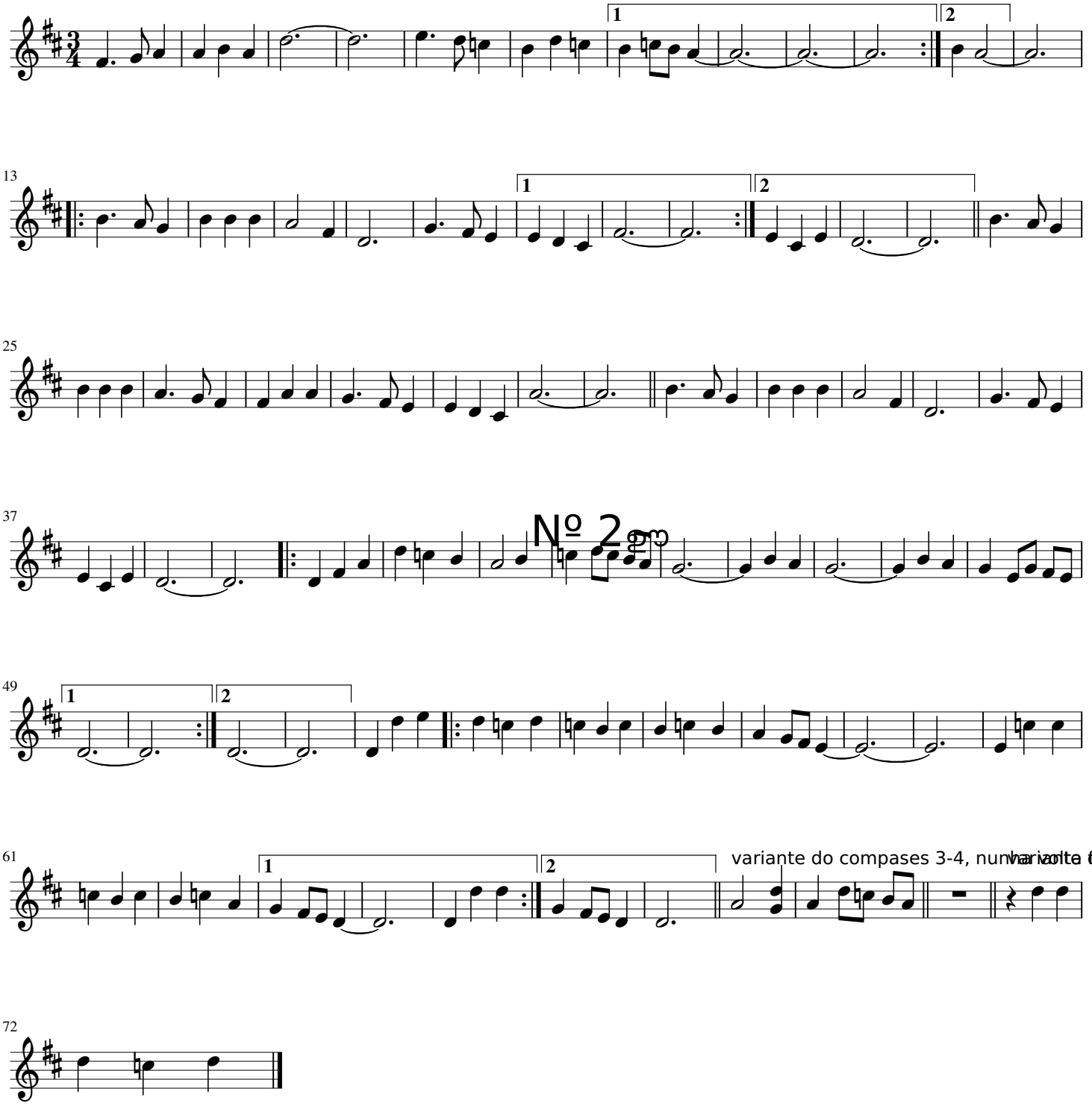Jotas de Moia